

# Quiet Progress

*When life still feels unfinished*

**Where is there evidence of life—  
even if I do not have the fruit yet?**

## TRUTH TO CARRY

Not all progress looks like movement. Sometimes progress is becoming steady where you used to fall apart.

## PRAYER PROMPT

Ask God to help you recognize the quiet growth you may be overlooking—and to show you the next faithful step that truly belongs to you.

## LOOK AGAIN

- What used to completely undo me, and how do I respond to it now?
- Where am I recovering more quickly, receiving help, setting a boundary, or responding with greater wisdom?
- Am I waiting faithfully—or avoiding a choice that belongs to me?

## GRIT PRACTICE • QUIET PROGRESS INVENTORY

1. Name one quiet sign that you are not responding exactly as you once did.
2. Choose one faithful next step—not the whole staircase.
3. Release the outcome or choice that was never yours to control.

**The seed is not yet a tree—but it may already be swelling.  
Your life can be unfinished without being unchanged.**