

Glory & Grit Podcast

Episode 15 Reflection Guide Fierce Hope in the Middle of Medical Chaos

Take a few moments to reflect on this episode. You may want to write your thoughts, pray about them, or discuss them with someone you trust.

- Where in your life does surrender currently feel like failure, weakness, or giving up?
- Bruce described reaching a place where he could no longer fix, force, or figure his way through the situation. Have you ever been in a season like that? What did it reveal about your need for God?
- In Bruce's story, nothing changed externally right away, but he was finally able to breathe again. Where might God be offering you peace before the answer arrives?
- What is one situation you keep trying to take back from God after you've already prayed about it?
- Bruce talked about surrender giving him courage to take practical steps, like asking for help. What is one next right step God may be inviting you to take?
- How has God used a difficult season to rebuild something in you that you could not have planned for yourself?
- What does "waiting on the Lord" mean to you in this season — and how is that different from doing nothing?
- Bruce encouraged listeners to practice faith and trust in the good times so it is there in the hard times. What spiritual habits help you stay close to God before crisis comes?

Closing Scripture

Proverbs 3:5–6

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.

Continue the Conversation

If this reflection guide helped you, consider sharing this episode with someone who might need encouragement today.

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