

Glory & Grit Podcast

Episode 13 Reflection Guide When God Redirects the Plan

Take a few moments to reflect on this episode. You may want to write your thoughts, pray about them, or discuss them with someone you trust.

1. What plan, expectation, or timeline in your life has changed recently?
 - Name it honestly, even if it feels small.
2. What feelings did that change bring up in you?
 - Disappointment, pressure, fear, frustration, confusion, grief, or something else?
3. Where have you felt tempted to scramble, fix, explain, or force a solution?
4. What might this interruption be inviting you to notice?
 - Is God inviting you to slow down, pray first, release control, or trust Him with something specific?
5. Is there an area where you may have been depending more on the plan than on God?
6. What would it look like to hold this changed plan with open hands?
7. What is one next faithful step you can take without rushing ahead in panic?

Closing Scripture

Proverbs 16:9

“The heart of man plans his way, but the Lord establishes his steps.”

Continue the Conversation

If this reflection guide helped you, consider sharing this episode with someone who might need encouragement today.

You can find more episodes and reflection guides at gloryandgritpodcast.com.

Thank you for being part of the Glory & Grit community.