

Season 1 Reflection Companion

The Thread Through It All

Season One of Glory & Grit was about finding God when life doesn't go as planned. Through solo episodes, guest stories, hard conversations, waiting seasons, rebuilding moments, and small steps of faith, one truth kept showing up again and again:

A TRUTH TO CARRY

Life may not go as planned, but God does not leave the story.

The Threads We Saw This Season

As you look back over Season One, notice which thread speaks most to where you are right now.

- ☐ God meets us in the beginning.
- ☐ God is still present in the waiting.
- ☐ Small steps still matter.
- ☐ God rebuilds what life breaks.
- ☐ God meets us in surrender.

Reflection Questions

1. Where has life not gone as planned for me?

2. Where have I seen God in the middle of it - even if it was small?

Carry Forward

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Reflection Questions

3. What part of my story am I still afraid God cannot use?

4. What small step might He be inviting me to take next?

5. What would it look like for me to keep showing up with both glory and grit?

Grit Practice

Choose one small step this week. Not a giant life overhaul. Not a dramatic announcement. Just one faithful next step. It might be praying honestly, writing something down, reaching out to someone, resting without guilt, forgiving one more layer, or simply choosing to keep showing up.

My small step this week is: _____

CLOSING SCRIPTURE - ROMANS 8:18 KJV

"For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us."

Closing Reminder

The grit is real, but so is the glory God is working in and through your story.

Keep looking for Him in the real story - the glory, the grit, and everything in between.