

# Glory & Grit Podcast

## Episode 7 Reflection Guide

### What Real Faith Looks Like (When It Doesn't Feel Strong)

Take a few moments to reflect on this episode. You may want to write your thoughts, pray about them, or discuss them with someone you trust.

- Have you ever felt like your faith wasn't strong? What did that look like for you?
- In this season, does your faith feel more steady, quiet, or routine?
- What are some small ways you are still showing up in your faith right now?
- Are there areas where you've been waiting for a feeling before moving forward?
- What is something you already know is right, but may be hesitating to act on?
- What would it look like to continue your life with God, even without strong feelings?
- How might your perspective shift if you believed your "ordinary" faith still counts?

### ***Closing Scripture***

Galatians 6:9 — But let us not be weary in well doing: for in due season we shall reap, if we faint not.

### ***Continue the Conversation***

If this reflection guide helped you, consider sharing this episode with someone who might need encouragement today.

You can find more episodes and reflection guides at [gloryandgritpodcast.com](http://gloryandgritpodcast.com).

Thank you for being part of the Glory & Grit community.